Welcome to Pediatrics at MIT Medical.

Our care is not just about medicine. We provide resources and tools to help parents build a safe, happy, and healthy family. We look forward to getting to know you and your child.

Pediatric Service

MIT MEDICAL / CAMBRIDGE
617-253-1505
E23, ground floor
Monday through Friday, 8:30 a.m.–5 p.m.

MIT MEDICAL / LEXINGTON
781-981-7080
Annex V, Lincoln Laboratory
Monday through Friday, 8:30 a.m.–5 p.m.

medical.mit.edu/pediatrics
Your Child’s First Visit

**CHOOSE A PRIMARY CARE PROVIDER**

Your child will get the best possible healthcare with a provider you know and trust. That’s why we ask you to choose a primary care provider (PCP) in Pediatrics before your child’s first visit. Your child’s PCP will coordinate your child’s care, see your child for most routine appointments, and get to know your family.

To choose a PCP, call Pediatrics in Cambridge or Lexington, or fill out the online form at medical.mit.edu/choose. You may change your PCP at any time.

**PREPARING FOR YOUR CHILD’S FIRST VISIT**

If you have a copy of your child’s medical record, immunization record, and growth curves, bring them to us at least one week before your first appointment. Otherwise, you can ask your child’s previous health care provider to send the record to MIT Medical Records Service, 77 Massachusetts Avenue, E23-023, Cambridge, MA 02139.

Download the medical history form from medical.mit.edu/pediatrics, and fill it out before your first appointment.

**Translation Services**

If you would rather not speak English, you can use our telephone interpreter service for your office visits or phone calls. More than 140 languages are available. Just say, “I want to use the interpreter line” or “I need an interpreter.”

Accessing Care

**MAKING AN APPOINTMENT**

To make an appointment at MIT Medical/Cambridge, call 617-253-1505. To make an appointment at MIT Medical/Lexington, call 781-981-7080.

- **Tell us why you’re making the appointment**, so we can schedule an appointment of the right length.
- **Be on time**. We may reschedule if you are late.
- **Don’t come in without an appointment**. We are not a walk-in clinic. We cannot see you without an appointment.

**IF YOUR CHILD IS SICK OR INJURED**

We do our best to see sick or injured children the same day you call. However, you must schedule an appointment before you come in. When you arrive, please bring a list of your child’s medications, dosages, and times that you have administered the medications.

**ADVICE BY TELEPHONE**

Many times, we can give advice by phone and help you avoid an office visit. Call us at 617-253-1505 (Cambridge) or 781-981-7080 (Lexington), and we will usually return your call within two to three hours. If your call is urgent, please tell the secretary.

**EMERGENCIES**

A pediatric provider is on call 24 hours a day, seven days a week. Weekdays, between 8:30 a.m. and 5 p.m., call 617-253-1505 (Cambridge) or 781-981-7080 (Lexington). During overnight hours and on weekends and holidays, call 617-253-4481 or 617-253-1505. We may give advice over the telephone, advise you to go to the Urgent Care Service at MIT Medical/Cambridge, or refer you to a hospital emergency room.

**CONSULTATIONS**

If you’d like to discuss medical or behavioral issues with your child’s care provider without your child present, you may make a consultation appointment.

**WHEN YOU’RE EXPECTING...**

Every other month, we host a “Meet Pediatrics” session for expectant parents to share concerns and learn about Pediatrics at MIT Medical. To find out about upcoming sessions, ask your OB/GYN provider, or call 617-253-1505.

**ROUTINE PHYSICALS AND HEALTH FORMS**

**Routine physicals**: During a routine “checkup,” your child’s PCP will do a complete physical exam.

We will review your child’s immunizations, give any necessary shots, and schedule any needed laboratory work. This appointment is a good opportunity to ask us questions or share concerns.

Routine physicals must be scheduled about eight weeks in advance, so make appointments early to avoid the rush before summer camp and before school begins. If you have multiple concerns to discuss, we might need to schedule additional appointments.

Your child should have routine checkups at these points between birth and age 3:

- First week of life
- 1 month
- 2 months
- 3 months
- 6 months
- 9 months
- 12 months
- 18 months
- 24 months
- 36 months
- 48 months

After age 3, all children should have annual checkups.

**Health forms**: Schools, daycare facilities, and many sports teams and summer camps require a “health record form” that includes information about a child’s immunizations, allergies, and special conditions. In most cases, we can fill out this form without an appointment.

Just call us or send us a request. As long as your child has had a checkup within the last 12 months and is up to date on immunizations, we will fill out and mail the completed form within a week. If your child requires a specialized physical exam for a particular sport, call to schedule an appointment.