Routine & Preventive Services Available To Students and Affiliates

With No Out-Of-Pocket Cost Sharing

Services available at MIT Medical to all registered students and affiliates and family members enrolled in the MIT Student/Affiliate Health Plan (Basic Plan)

ADULTS:

- Yearly preventive care visits
- All standard immunizations recommended by the American Committee on Immunization Practices (link to http://www.cdc.gov/vaccines/acip/index.html) Note: Gardasil and Meningococcal B vaccines are available but are covered only if enrolled in the Student/Affiliate Extended Insurance Plan.
- Screening and counseling for sexually transmitted diseases screening including HIV, gonorrhea, Chlamydia and syphilis
- Hepatitis C screening
- High blood pressure, diabetes and depression screening
- Screening and counseling in a primary care setting for alcohol or substance abuse, tobacco use, obesity, diet and nutrition
- Counseling on FDA-approved contraception methods, sterilization procedures and contraceptive
- Mammography screening (film and digital) for all adult women (age 40 and older)
- Cervical cancer screening including Pap smears for women age 21-65
- Counseling for cancer prevention strategies for women at high risk for breast cancer
- Iron-deficiency anemia, bacteriuria, hepatitis B virus and Rh incompatibility screening in pregnant women
- Breast-feeding counseling and promotion
- Osteoporosis screening (age 60 and older)
- Domestic violence screening and counseling
- Human papillomavirus DNA testing for all women 30 years and older
- Well-woman visits including preconception counseling
- Prostate cancer screening for men (age 40 and older)

CHILDREN:

- Routine medical exams; history; measurements; sensory (vision and auditory) screening; and neuropsychiatric evaluation and development screening; and assessment
- Newborn screening for hearing, thyroid disease, phenylketonuria and sickle cell anemia and standard metabolic screening panel for inherited enzyme deficiency diseases
- All standard immunizations recommended by the American Committee on Immunization Practices (link to http://www.cdc.gov/vaccines/acip/index.html)
- Preventive health services and screenings as recommended by the U.S. Preventive Services Task Force and the U.S. Department of Health and Human Services
- Tuberculin tests
- Hematocrit, hemoglobin and other appropriate blood tests, such as blood tests to screen for lead poisoning
- Urinalysis
- Counseling for fluoride use
Services available at MIT Medical to students, affiliates and family members enrolled in the MIT Student/Affiliate Extended Insurance Plan (Extended Plan)

- Routine vision exam, limited to one every 12 months
- Gardasil and Meningococcal B vaccines
- Pre-natal care, including iron-deficiency anemia, bacteriuria, hepatitis B virus and Rh incompatibility screening in pregnant women
- Gestational diabetes screening for all pregnant women
- Routine prenatal and postpartum visits
- Injection of birth control drugs, including the prescription drug
- Insertion of a levonorgestrel implant system, including the implant system itself
- IUDs, diaphragms and other contraceptive methods that have been approved by the United States Food and Drug Administration* (See note below.)

Additional services available outside of MIT Medical, through the Blue Cross Blue Shield PPO network, to students, affiliates and family members enrolled in the MIT Student/Affiliate Extended Insurance Plan (Extended Plan)

- Colorectal cancer screening (including CT colonography, fecal occult blood testing, screening sigmoidoscopy, and screening colonoscopy)
- Comprehensive lactation support, counseling, and costs of renting breastfeeding equipment
- Lung cancer screening for those age 55 to 80 using low-dose computed tomography (CT) with prior authorization
- Genetic screening and evaluation for the BRCA breast cancer gene

The following drugs and supplements are covered without cost-share through MIT Student/Affiliate Extended Insurance Plan, and the drugs, even if over-the-counter, are prescribed by a health care professional and filled at a network pharmacy:

- Contraceptive methods* approved by the FDA, sterilization procedures and contraceptive patient education and counseling
- Over the counter contraceptive items such as sponges and spermicides, when prescribed by a health care provider

Revised February 9, 2016
• Fluoride supplements for children age 0-6
• Folic acid supplements for women
• Risk-reducing breast cancer medications for women, with prior authorization
• Iron supplements for children age 0-1
• Tobacco cessation drugs (may require prior authorization)
• Vitamin D supplements
• Aspirin for men age 45-79 and women age 55-79

*Note: The Student/Affiliate Extended Insurance Plan covers at least one contraceptive choice in each category as required by ACA but not all contraceptives are covered with no member cost sharing please discuss with the pharmacist your prescribing clinician, or Member Services. You may also view a current list of medications covered with no cost under the ACA at www.bluecrossma.com/pharmacy.