

Pre-Operative Anesthesia Instructions for Outpatients

- G General Anesthesia
- G Intravenous Sedation and/or Monitored Anesthesia Care
- G Regional Anesthesia

1. Do not eat or drink anything, including water, after midnight the night before your operation. Likewise, do not eat or drink anything including water, on the day of your operation.

Do not eat, drink, chew gum, or suck on candy, even if "sugar free." If this is not strictly followed, your anesthetic may have to be canceled!

2. You must arrange to have a responsible adult companion physically present in the Surgical Day Care Unit at the time of discharge to escort you home.

If this is not clearly and positively established prior to your operation, your anesthetic may have to be canceled. You can not go home alone by taxi, subway, or bus. You should not operate or drive any vehicle for twenty four hours after surgery. This is for your safety.

3. Patients under age eighteen must have a parent or legal guardian present at the time of surgery in order to give written consent for anesthesia.

4. Bring a list of all medicines you are now taking. Include with this list the doses, how often, and when you take the medicines.

5. Check with your surgeon about taking any medicine on the day of surgery.

6. If you start to develop or have a cold, fever, or any other acute illness, call your surgeon's office.

7. Arrive in the Surgical Day Care Unit at least one hour prior to your scheduled surgery.

Patients who arrive late may have to have their surgery rescheduled for another day.

8. Pregnant women cannot receive anesthesia for non-emergency surgery.

If a chance of pregnancy exists, a negative pregnancy test must be obtained prior to the day of surgery or your anesthetic will have to be canceled.