

Pediatrics

*How to use Pediatrics
at MIT Medical*

Welcome to Pediatrics at MIT Medical. Our care is not just about medicine. We provide resources and tools to help parents build a safe, happy, and healthy family. We look forward to getting to know you and your child.



Pediatrics Service

MIT Medical/Cambridge
617-253-1505
E23, ground floor
Monday through Friday, 8:30 a.m.–5 p.m.

MIT Medical/Lexington
781-981-7080
Annex V, Lincoln Laboratory
Monday through Friday, 8:30 a.m.–5 p.m.

<http://medweb.mit.edu/pediatrics>

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Your First Visit

Choose a primary care provider

When you have a clinician who knows your child and whom you trust, your child gets the best possible health care. That's why we ask you to choose a primary care provider in Pediatrics before your child's first visit. He or she will coordinate your child's care and see your child for most routine appointments.

To choose a primary care provider, call Pediatrics in Cambridge or Lexington, or view a list of available providers and fill out the online form on the Pediatrics web page at <http://medweb.mit.edu/pediatrics>. You may change your primary care provider any time.

Transfer your child's medical record

If you have a copy of your child's medical record, bring it to your first appointment. Otherwise, you can ask your child's previous health care provider to send the record to MIT Medical Records Service, 77 Massachusetts Avenue, E23-023, Cambridge, MA 02139, or we will have you fill out a release request at your first appointment.

What to bring to your first visit

When you visit Pediatrics for the first time, please bring:

- **Your child's immunization record:** Request this from your child's previous health care provider if you don't have a copy.
- **A medical history form for your child:** Download and print this form from the Pediatrics web page at <http://medweb.mit.edu/pediatrics>, and fill it out at home before your first appointment.
- **Your child's medical record**, if you have it.

Accessing Care

Making an appointment

To make an appointment at MIT Medical/Cambridge, call 617-253-1505. To make an appointment at MIT Medical/Lexington, call 781-981-7080.

- **Tell us why you're making the appointment.** This allows our staff to schedule an appointment of the right length.
- **Be on time.** We may reschedule your visit if you are late for your appointment.
- **Don't come in without an appointment.** We are not a walk-in clinic. Please schedule an appointment before you come in.

If your child is sick or injured

We do our best to see sick or injured children the same day you call. However, you must call to schedule an appointment before you come in. When you come in with a sick child, please bring a list of your child's medications, dosages, and times that you have administered the medications.

Advice by telephone

Many times, we can give advice by phone and help you avoid an office visit. Call us at 617-253-1505 (Cambridge) or 781-981-7080 (Lexington), and we will usually return your call within three hours. If your call is urgent, please tell the secretary.

Emergencies

Weekdays, between 8:30 a.m. and 5 p.m., call 617-253-1505 (Cambridge) or 781-981-7080 (Lexington). During overnight hours and on weekends and holidays, call 617-253-4481 or 617-253-1505. A pediatric clinician is on call 24 hours a day, seven days a week. We may give advice over the telephone, arrange an appointment in the Urgent Care Service at MIT Medical/Cambridge, or refer you to a hospital emergency room.

Consultations

If you'd like to discuss medical or behavioral issues with your child's care provider, but without your child present, you may make a consultation appointment.

When you're expecting...

Every other month, we host a "Meet Pediatrics" session for expectant parents to share concerns and information and learn about pediatric services at MIT Medical. To find out about upcoming sessions, call us at 617-253-1505.

Routine physicals and health forms

Routine physicals: During a routine "checkup," your child's primary care provider will do a complete physical exam. We will review your child's immunizations, administer needed immunizations, and schedule any needed laboratory work (such as blood tests) or other screening tests. This appointment is a good opportunity to ask questions or share concerns with your child's provider.

Routine physicals usually need to be scheduled about eight weeks in advance, so please make appointments early to avoid the rush before summer camp and before school begins in the fall.

Your child should have routine checkups at these ages:

First week of life	12 months
1 month	15 months
2 months	18 months
4 months	24 months
6 months	30 months
9 months	36 months

After age 3, all children should have a checkup once a year.

Health record forms: Schools, daycare facilities, and many sports teams and summer camps require a "health record form" that includes information about a child's immunizations, allergies, and special medical treatments or conditions.

If you need a health form for your child, call or send us a request in writing. We will mail the completed form within a week as long as your child has had a checkup within the last 12 months and is up to date on immunizations. If your child requires a specialized physical exam for a particular sport, call to schedule an appointment.

Translation Services

Do you speak a language other than English? You and your health care provider may use the Language Line translation service for office visits or phone calls. More than 140 languages are available. Please feel free to request this service.

Adolescents

Some adolescents may prefer to see a health care provider in a more adult setting. For this reason, several of our pediatric providers also see adolescents and young adults in separate offices on the second floor of MIT Medical/Cambridge. You can make this request when you schedule the appointment.