Implant Placement

This brief instruction sheet will help you to understand the procedure for placing dental implants.

• Please have a good night’s rest before the day of implant placement, and eat a moderate breakfast or lunch.

• You will be given a local anesthetic to block sensation in the area selected for implant placement.

• A small incision will be made to obtain access to the location where the implant will be placed.

• Several different sizes of small drills will make precise, painless, preparations in which to place the implants.

• You will be asked to bite on gauze sponges to stabilize the site and stop any slight blood flow.

• You will be given a prescription for:
  a. A pain relieving medication to control discomfort. Take this medication only until you do not need it any more.
  b. You may be given a prescription for antibiotics. Please take this medication as directed until the tablets are gone.

• Anesthesia should remain in your mouth for at least 1 hour after the surgery.

• As soon as possible after treatment, place an ice cube in a plastic bag and put it on the outside of your face for a few hours over the sites where the implants were placed. This reduces swelling and any potential bruising you may have. However, you may still have some swelling and bruising for a few days. It will go away gradually.

• Eat soft foods for a few days. The less force you put on the implant at this early time the better the chance for optimum healing.

If you have any questions please call the MIT Dental Service at 617-253-1501