

SUPPORT TO ACHIEVE YOUR BEST

This service offers you and your family support with any work or personal issue, including short-term professional counseling and connecting you to local resources to help you manage emotional, physical, financial and social needs.

THE SERVICE:

- is free - no cost to you
- is confidential
- is available in your language
- is available 24 hours a day, 7 days a week, 365 days a year
- can be accessed in multiple ways



TOLL FREE:
1 888 851 7032

Mobile or internet based calls may not be guaranteed. Please consider another access method listed here.



DIRECT LINE:
+1 919 706 4551

Dial us direct and we will return your call.



EMAIL:
support@resourcesforyourlife.com



WEBSITE:
<http://global.resourcesforyourlife.com>
COMPANY CODE: MIT2020

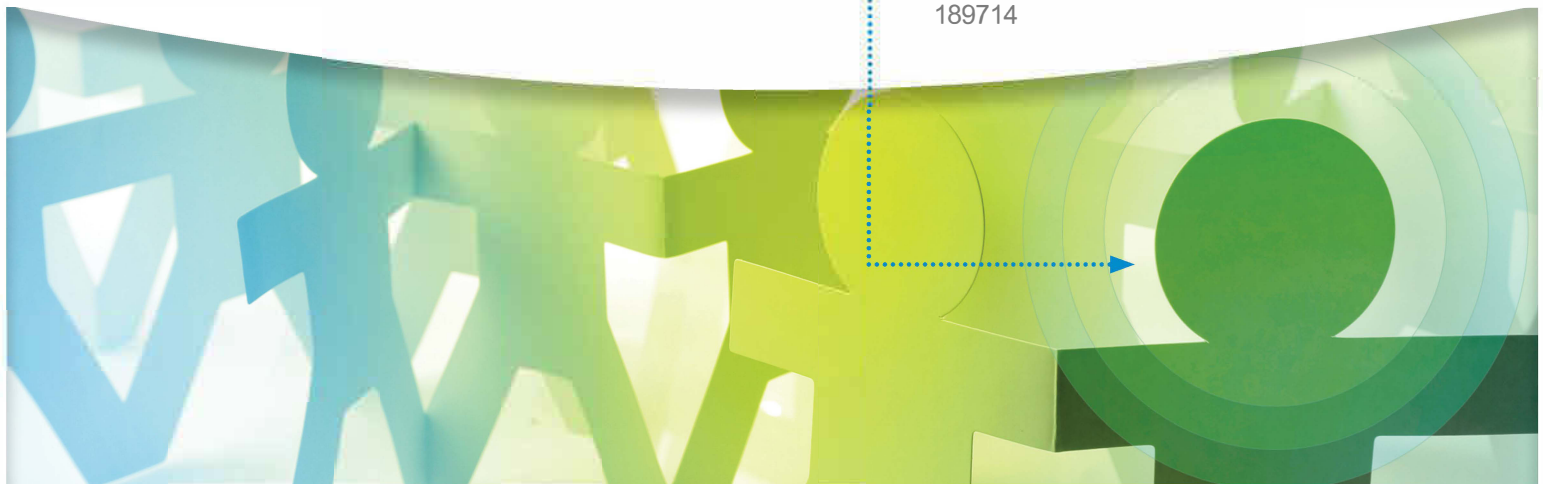


SMS TEXTING:
+1 919 593 9364

Standard text messaging rates may apply. When emailing or texting, please include your name, your company, your country location, and the phone number where you can be reached.



iCONNECTYOU
Download the app from the App Store (iOS) or Google Play (Android) and register using
COMPANY PASSCODE:
189714



INTERNATIONAL STUDENT SUPPORT PROGRAM

Employee support is provided by Workplace Options. The organization is staffed by professionals who are completely independent of your employer. They are bound by professional standards regarding confidentiality, and do not disclose details of individuals who have contacted the service. Any information you share is at your discretion and will not be shared with your employer.